



JULY 2009

## Clients learn to problem-solve at ABSA's networking breakfast

**Human First** was invited to make a presentation at a networking breakfast hosted by ABSA bank for its clients at Piatto at the Raslouw Shopping Centre near the Reds Mall. About 20 business people attended the function as well regional ABSA staff members.

Jayesh Bhana of **Human First** used the opportunity to show the guests how to solve problems in a creative way. The presentation lasted about 15 minutes, after which clients were given an opportunity to profile their companies.

Bhana pointed out that when people are confronted with a challenge, they tend to want quick solutions. He said that when a little time is given to think about the problem, an appropriate problem-solving technique can produce a number of creative ideas—some of which could then offer viable solutions.

The problem-solving technique is essential to some of the training interventions offered by **Human First**.

### Prize

The prize of a **Human First** onsite Team Bonding session for 10 staff members was won by Johan du Plessis Electrical.

The onsite Team Bonding intervention is a convenient workshop lasting between one—two hours which is designed to reconnect and energise teams.



Having fun during the problem-solving activity



ABSA regional staff L-R Justice, Corelia, Liesl, Ansie, and Paepae with Jayesh Bhana of Human First (2nd right)

## HIV/AIDS—Knowledge into Behaviour

Human First conducted two HIV/AIDS Life Skills training sessions this month for projects funded by the Swiss-South African Co-operation Initiative (SSACI). SSACI's sponsors youth job creation projects and sees life skills as a critical part of youth development.



The road sign of my life—Birdlife participants display their posters created during one of the self-discovery activities.

The first workshop was conducted in Hoedspruit for Birdlife South Africa—which is using SSACI funds to train bird guides. Another SSACI project on artisan development also benefited from the training.

Many organisations tend to focus on awareness and neglect the issue of behaviour change. The training provided by Human First focuses on the latter during a three-day workshop.

The workshop focuses begins with self-discovery. Participants then focus on their own behaviour with regard to HIV/AIDS and finally activities target the impact of the disease on their lives.

Participants in both groups said that they found the training very useful.

A trainee from the Birdlife group commented: "It has helped us to discover our self as individuals, It made us be aware of the killer disease called AIDS. It showed us how to work as a team. And just basically how to live a great life and to be successful in it."

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